

## **De Soto Parks and Recreation Adult Activities**

Adult Co-ed Volleyball

Multiple Session September-May

\$110 per session

Land Fitness Classes

Year around - Monthly Sessions

Fees Vary

Water Aerobics

June-August - Monthly Sessions

Fees Vary

Pickleball

Year Around – 8:30AM-11:00AM (Tuesdays and Thursdays) and 6:00PM – 8:00 PM (Sundays)

\$1 per day